

## ATTENDANCE POLICY – 2018

**General Policy for Practice:** Each runner is expected to attend all required practices or to have received prior approval for his absence from a coach.

- Acceptable Excuse: illness, illness/death in the family, out-of-town weddings or funerals, or running-related doctor appointments.
- Unexcused absences: Senior pictures, College visits, ACT/SAT practice tests or classes, ortho appointments, regular doctor exams, family vacations, birthday celebrations, etc. Poor or no communication regarding a normally acceptable miss may also result in an unexcused absence. Bottom line—there should be absolutely no question about where you are on any given day.

**Grade Level Expectations:** Recurring absences are a huge distraction to the team and coaching staff. As in all matters, coaches discretion may also apply to attendance.

- Grades 10-12: no more than 3 unexcused absences may be accrued over the course of the season (with MEA being a JV exception).
- Grade 9: 9th graders get slightly more leeway. Multiple absences prior to the start of school count as one miss. Once school starts, however, 9<sup>th</sup> graders are held to the same standard as the rest of the team. This gives families a chance to familiarize themselves with the program and the attendance policy.

**Meet Expectations:** Athletes are expected to be present at all competitions, whether they are competing or not. Missing / skipping a meet may result in dismissal from the team regardless of previous attendance records. Coaches discretion may apply.